

# COGNITIVE SKILLS

## TRAINING PROGRAMS



Delivered locally in the community, Sentinel offers cognitive skills programs based on Moral Reconciliation Therapy (MRT). MRT is evidence based methodology focused on addressing criminogenic needs and helping offenders improve their moral reasoning ability. The anticipated outcome is better judgement and decisions.

MRT has been recognized by several studies to reduce recidivism. The programs confront entrenched criminal behavior and can be applied in any corrections stage, from pre-trial to post-sentence. The program creates positive behavioral change in offenders with deeply-rooted problems.



## ADDRESSABLE RISKS AND COURSES

The primary goal of MRT and all of our programs is to assist our customers in helping their participants return to the community as law abiding citizens. Each agency creates a customized plan to meet the participant's specific needs and local Sentinel staff deliver appropriate course curriculum at required frequencies.

### Risk Factors and Criminogenic Needs Addressed

- Criminal orientation and antisocial beliefs
- Antisocial associates or peer relationships
- Anger management and antisocial personality
- Conviction history
- Family dysfunction, parenting relationships
- Education and employment
- Leisure and recreation
- Substance and alcohol abuse

### Courses and Programs Available

- Substance Abuse
- Anger Management
- Cognitive and Life Skills
- Parenting and Family Values
- Responsible Living
- Employment Preparation
- Making Changes for Good

***\*According to the National Association of State Courts, "participants from programs that practice MRT committed substantially fewer offenses than those from programs that did not offer MRT." Visit our website for more information.***



At the Core of What We Do.

SentinelDNA is the intelligent offender management platform with advanced analytics. SentinelDNA provides single-screen access to our comprehensive set of products and services.

GPS and RF Electronic Monitoring \* Remote Alcohol Testing \* Substance Abuse Screening  
Domestic Violence Monitoring \* Cognitive Skills Training \* Full-Service Offender Management.

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